

Days of arrival and departure included

Kriya Yoga Europe Programmes 2023

(Subject to Change)

Teachers: Rajarshi Peter van Breukelen – PvB, Swami Mangalananda Giri – SMG, Swami Karunananda Giri – SKG,
Swami Atmavidyananda Giri - SAVG, Swami Achalananda Giri – SACG, Yogacharya Claudia Cremers – YCC, Yogacharya Histas Damania - YHD

Date	Place	Local Contact	Phone & e-mail Contact	Teachers
27.01. – 29.01.	Sterksel, Holland (lang. Dutch)	Kriya Yoga Centrum, P. v. Breukelen	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen Yogacharya Claudia Cremers
03.02. – 05.02.	Bremen, Germany	Lutz Röpcke	+49 421 426659, lutzroepcke@aol.com	Rajarshi Peter van Breukelen
03.02. – 05.02.	Milan, Italy	Dario di Lauro	+39 3496612275	Yogacharya Claudia Cremers
17.02. – 25.02.	Winter Retreat, Sweden	Giri & Nicole	+31655375355, info@lakesideretreat.org	
10.03. – 12.03.	Munich, Germany	Gerti & Michael Rieser	+49 89 3083939, gm.rieser@web.de	Swami Mangalananda Giri
10.03. – 12.03.	Szeged, Hungary	Judit Soti Agnes Burges (in English too)	sotijudit@gmail.com; +36 305653699 burges.agnes@gmail.com; +36 302921410	Swami Karunananda Giri
10.03. – 12.03.	Cork (Gelncairn), Ireland	Susan Hinell	+353 89 2536880; kriyairland@gmail.com	Yogacharya Claudia Cremers
17.03. – 19.03.	Sterksel, Holland * (2nd Kriya only, lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen Yogacharya Claudia Cremers
17.03. – 19.03.	Warsaw, Poland	Marcin Warda	+48 888868369, marcinwarda80@gmail.com	Swami Karunananda Giri
21.03. – 23.03.	London, UK	Hagen Rampes	+44 705027382, info@kriyayogauk.com	Yogacharya Claudia Cremers
24.03. – 26.03.	Cologne, Germany	Thomas & Heidrun Slappa Mohr	+49 221 881383 thomas.mohr@netcologne.de	Rajarshi Peter van Breukelen
24.03. – 26.03.	Basel (Mariastein), Switzerland	Marina Buser	info@ganzheitlichepraxis.ch +41 614818854, +41 797493539	Swami Karunananda Giri
31.03. – 02.04.	Intensive - Riga, Latvia	Simons Kozlinkis	+371 29203450, krija@krija.lv simons.kozlinskis@gmail.com	Yogacharya Histas Damania
31.03. – 02.04.	Ghent, Belgium	Patrick Christens	+32 499157513 patrick.christens@telenet.be	Yogacharya Claudia Cremers
06.04. – 10.04.	Sterksel, Holland - Eastern (lang. German)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen Yogacharya Claudia Cremers
07.04. – 10.04.	Easter Retreat (lang. Engl.) Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Yogacharya Histas Damania
11.04. – 14.04.	Sterksel, Holland (Seva Days**, lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen Yogacharya Claudia Cremers
14.04. – 16.04.	Reykjavic, Iceland	Valgeir G. Isleifsson	+354 869 7151, kriyaiceland@hotmail.com	Yogacharya Histas Damania
14.04. – 19.04.	Retreat Lanckarona (near Krakow), Poland	Grazyna Sobalska Ewa Koscielny	+48 537090983, ewakoscielny@hotmail.com +48 691461109, sobgra@gmail.com	Swami Mangalananda Giri Swami Karunananda Giri

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Swami Atmavidyananda Giri - SAVG, Swami Achalananda Giri – SACG, Yogacharya Claudia Cremers – YCC, Yogacharya Histas Damania - YHD

Date	Place	Local Contact	Phone & e-mail Contact	Teachers
21.04. – 23.04.	Osijek, Croatia	Zdenko Petrovic	+385 99 402 44 55, zdenalotos@gmail.com	Swami Karunananda Giri
21.04. – 23.04.	London, UK	Hagen Rampes	+44 705027382, info@kriyayogauk.com	Yogacharya Claudia Cremers
21.04. – 23.04.	Sofia, Bulgaria	Nikolay Lyaskov	kriyayoga.bg@gmail.com	Yogacharya Histas Damania
24.04. – 27.04 Arr. 23.4. – dep. 28.4	Tattendorf, Austria Seva Days** – stay for free	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri
28.04. – 30.04.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Karunananda Giri
28.04. – 30.04.	Hamburg, Germany	Nele Müller	+49 4087936541 mail@kriyayoga-hamburg.de	Rajarshi Peter van Breukelen
28.04. – 30.04.	Glava, Sweden	Giri & Nicole	+31655375355, info@lakesideretreat.org	Yogacharya Histas Damania
29.04. – 03.05.	Retraite à Villedieu, France	Nicole Chaudet (registration) Charlie Robert (information)	+33 243894418, instit@yahoo.fr +33 614711239, charlierobert@orange.fr	Swami Mangalananda Giri Yogacharya Claudia Cremers
04.05. – 09.05.	Silent Retreat Lugano (Bigorio), Switzerland -	Regula Hager	+41 79 758 28 64, regulah@bluewin.ch	Swami Mangalananda Giri Swami Karunananda Giri
05.05. – 07.05.	Szekelyudvarhely, Romania	Zsolt Gedo	+40 745426091, kriyaudv@gmail.com	Yogacharya Histas Damania
05.05. – 08.05.	Retreat Istanbul, Turkey	Sunay Yalin	info@kriyayogaturkiye.com	Swami Achalananda Giri
12.05. – 14.05.	Berlin, Germany	Christoph & Valentina Albertini	+49 170 5569938, info@kriya-berlin.de	Rajarshi Peter van Breukelen
12.05. – 14.05.	Trier, Germany	Rita Müller	+49 17658387799, kriyayoga-trier@web.de	Swami Karunananda Giri
12.05. – 14.05.	Retreat Allgäu, Germany	Silke Weiss	+49 151 20687741 info@ateliersilkeweiss.de	Yogacharya Histas Damania
18.05. – 21.05	Gdynia, Poland	Danuta Sadowska	+48 601910306, desadd@o2.pl	Yogacharya Claudia Cremers
19.05. – 21.05.	Intensive Weekend Budapest, Hungary	Katalin Zsamar	+36 20 958 9957 kriya.hungary@gmail.com	Swami Achalananda Giri
26.05. – 30.05.	Sterksel, Holland (lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen Swami Achalananda Giri, YCC
02.06. – 08.06. Evening - midday	Tattendorf, Austria First and Higher Kriya Retreat*	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	PvB, SACG, SMG, SKG, YCC
10.06. – 15.06.	Retreat Olsztyn, Poland	Grzegorz Kozak	+48 531 714 922, kriya.olsztyn@o2.pl	Swami Mangalananda Giri

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Teachers: Rajarshi Peter van Breukelen – PvB, Swami Mangalananda Giri – SMG, Swami Karunananda Giri – SKG,
Swami Atmavidyananda Giri - SAVG, Swami Achalananda Giri – SACG, Yogacharya Claudia Cremers – YCC, Yogacharya Histas Damania - YHD

Date	Place	Local Contact	Phone & e-mail Contact	Teachers
16.06. – 18.06.	Malmö, Sweden	Peter Strinnö	+46 70 49 41 911, peter.strinno@gmail.com	Swami Mangalananda Giri
16.06. – 18.06.	Herrstein, Germany	Kathy Becker	+49 172 8537536, +49 6785 2498009 kathy@schau-spiel-kunst.de	Swami Karunananda Giri
23.06. – 25.06.	Hanover, Germany	Michael Krohn Florian Berief	michael_krohn@posteo.de +49 5113940976, florianberief@web.de	Swami Karunananda Giri
23.06. – 26.06.	Retreat Crestet (Avignon), France	Charlie Robert	+33 614711239, charlierobert@orange.fr	Swami Achalananda Giri Yogacharya Claudia Cremers
30.06. – 02.07.	Bad Wörishofen, Germany	Silke Weiss	+49 151 20687741 info@kriyayoga-allgaeu.de	Swami Karunananda Giri
03.07. – 09.07.	Sudety Mountains, Poland Meditation and Hiking	Malgorzata Kubat-Spórna Robert Nowak	msporna@wp.pl, nowak.roland@gmail.com	Swami Mangalananda Giri
07.07. – 10.07.	Retreat Siena, Italy	Teresa Notaro	+393341515000, maitrila.tn@gmail.com	Yogacharya Claudia Cremers
10.07. – 18.07.	Meditation & Hiking Retreat Elbsandsteingebirge, Germany	Andreas Schulte Yvonne Krüger- Schulte	krueger-schulte@arcor.de	Swami Mangalananda Giri Swami Karunananda Giri
12.07. – 16.07.	Sterksel, Holland (lang. French)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen Yogacharya Claudia Cremers
21.07. – 23.07.	Munich, Germany	Gerti & Michael Rieser	+49 89 3083939, gm.rieser@web.de	Swami Karunananda Giri
21.07. – 23.07.	Oldenburg (Kirchhatten), Germany	Yogi Vidyananda	+49 15112645038 yogi-vidyananda@kriyayoga-oldenburg.de	Swami Mangalananda Giri
21.07. – 29.07.	Lakeside Retreat, Sweden	Giri & Nicole	+31655375355, info@lakesideretreat.org	Rajarshi Peter van Breukelen
24.07. – 27.07. (arr. 23 /dep. 28.)	Tattendorf, Austria Seva Days** – stay for free	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri Swami Karunananda Giri
28.07. – 30.07.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri
28.07. – 30.07.	Salzburg, Austria	Susanne & Peter Walker	+43 664 3122707, susanne.walker@outlook.at	Swami Karunananda Giri
03.08. – 07.08. 6.8.	Sterksel, Holland (lang. English) 30 years Jubilee Kriya Yoga Centrum	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen Yogacharya Claudia Cremers
04.08. – 09.08.	Retreat Berlin -Wilhelmsaue Germany	Anschi Nagler	+ 49 15774667014, info@kriya-berlin.de	Swami Mangalananda Giri Swami Karunananda Giri
11.08. – 18.08.	Meditation and Hiking Retreat, Melchtal, Switzerland	Christine Glauser	+41 794859734, glauserch@bluewin.ch	Swami Mangalananda Giri Swami Karunananda Giri

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Swami Atmavidyananda Giri - SAVG, Swami Achalananda Giri – SACG, Yogacharya Claudia Cremers – YCC, Yogacharya Histas Damania - YHD

Date	Place	Local Contact	Phone & e-mail Contact	Teachers
21.08. – 24.08.	Retreat UK, Aylesford Priory	Hagen Rampes	+44 705027382, info@kriyayogauk.com	Swami Atmavidyananda Giri
22.08. – 27.08.	Retreat Taraska, Poland	Beata Melewska	+48 508 311 752, mbeatus@wp.pl	Swami Mangalananda Giri
25.08. – 30.08.	Sterksel, Holland (lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	PvB, SAVG, YCC
01.09. – 07.09. Evening – midday 6.9.	Tattendorf, Austria Ashram Foundation Seminar 25 th Ashram Foundation Day	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	PvB, SAVG, SMG, SKG, YCC
15.09. – 17.09.	Paris, France	Nicole Chaudet	+33 243894418, institkriya@yahoo.fr	Rajarshi Peter van Breukelen
22.09. – 24.09.	Frankfurt, Germany	Christiane Grießer	+ 49 6081 442681 kriyayoga.frankfurt@gmail.com	Swami Karunananda Giri
22.09. – 25.09. To be determined	Marche, Italy	Dario di Lauro Teresa Notaro	+39 3496612275 +393341515000, maitrila.tn@gmail.com	Yogacharya Claudia Cremers
06.10. – 08.10.	Sterksel, Holland * (2nd Kriya only, lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen Yogacharya Claudia Cremers
06.10. – 08.10.	Braga, Portugal	Nuno Carvalho	+351 933 292 713 institutokriyayoga@gmail.com	Swami Mangalananda Giri
06.10. – 08.10. To be determined	Zagreb, Croatia	Katijy Zubcic	+ 385 917998916, katija.zubcic@gmail.com	Swami Karunananda Giri
09.10. – 13.10.	Sterksel, Holland (Seva Days**, lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen Yogacharya Claudia Cremers
11.10. – 15.10.	Retreat Meditation – Hiking Pyrenees, Spain	José Luis García Lloret	+34976321747,+34628288882, flxmnd@yahoo.es	Swami Mangalananda Giri
13.10. – 15.10.	Krakow, Poland	Ewa Koscielny Grazyna Sobalska	+48 537090983, ewakoscielny@hotmail.com +48 691461109, sobgra@gmail.com	Swami Karunananda Giri
20.10. – 22.10.	Tours, France	Joan Canevet	+33 7 88 07 61 85 kriya.yoga.tours@gmail.com	Swami Mangalananda Giri
20.10. – 22.10.	Budapest, Hungary	Katalin Zsamar	+36 20 958 9957, kriya.hungary@gmail.com	Swami Karunananda Giri
27.10. – 29.10.	Stuttgart, Germany	Jutta	+49 711 28446680, juttamargit(at)gmx.de	Swami Mangalananda Giri
03.11. – 05.11.	Nuremberg, Germany	Agi Hirl	kriyayoga-nbg@t-online.de	Swami Karunananda Giri
08.11. – 12.11.	International Retreat Frankfurt, Germany	Wolfgang Lang	+41 791731641, wl@wolfganglang.ch	Rajarshi Peter van Breukelen, SMG, SKG

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Swami Atmavidyananda Giri - SAVG, Swami Achalananda Giri – SACG, Yogacharya Claudia Cremers – YCC, Yogacharya Histas Damania - YHD

Date	Place	Local Contact	Phone & e-mail Contact	Teachers
10.11. – 12.11.	Valencia, Spain	Peter van Benten	+34 962744737, +34 616060758 petrivb@telefonica.net	Yogacharya Claudia Cremers
November To be determined	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	
17.11. – 19.11.	Munich, Germany	Gerti & Michael Rieser	+49 89 3083939, gm.rieser@web.de	Rajarshi Peter van Breukelen
17.11. – 19.11.	Berlin, Germany	Christoph & Valentina Albertini	+49 170 5569938, info@kriya-berlin.de	Swami Mangalananda Giri
17.11. – 19.11.	Schwebheim, Germany	Dirk Denzer	+49 1716214629, d.denzer@dirkdenzer.com	Swami Karunananda Giri
24.11. – 26.11.	Sterksel, Holland (lang. Dutch)	Kriya Yoga Centrum, P. v. Breukelen	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen Yogacharya Claudia Cremers
24.11. – 26.11.	Basel (Mariastein), Switzerland	Marina Buser	info@ganzheitlichepraxis.ch +41 614818854, +41 797493539	Swami Karunananda Giri
24.11. – 26.11.	Hamburg, Germany	Nele Müller	+49 4087936541 mail@kriyayoga-hamburg.de	Yogacharya Claudia Cremers
08.12. – 10.12. 11.12.	London, UK Intensive Day - London	Hagen Rampes	+44 705027382, info@kriyayogauk.com	Rajarshi Peter van Breukelen
24.12. – 01.01.	Sterksel, Holland (lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen Yogacharya Claudia Cremers
24.12. – 01.01.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri Swami Karunananda Giri

Higher Kriya Retreat/2nd Kriya * – for Kriyavans who have been initiated in any of the higher Kriyas by authorized teachers of this lineage of Kriya Yoga of Paramahansa Hariharananda and Paramahansa Prajnanananda are welcome to attend this retreat and also for those who have practiced Kriya I for a minimum of 3 years and who have additionally got permission from a Kriya teacher to be initiated into Kriya II.

Seva Days** – Days for selfless service, free board and lodging

 - Retreats are colored in green